



presents

Transparency

Meditation and Learning to See



Fr. Laurence Freeman, OSB Conference Presenter

Father Laurence is a Benedictine monk of the Monastery of Christ the King in London. He is the Director and spiritual guide of the World Community for Christian Meditation. Inspired by his mentor, Father John Main, Father Laurence works to recover Christianity's own contemplative tradition. He travels worldwide teaching the unique role of meditation as a spiritual discipline. He is currently teaching at Georgetown University in the Catholic Studies Department.

Our ability to see reality is so often obscured: the fears and desires of the ego; the speed and anxieties of our culture, the seductive influence of the institutions we belong to, from government to church. We need clarity: we need 'purity of heart.' We need them today in new and deeper and more urgent ways. Meditation is the daily practice that purifies our seeing and so transforms our whole way of living. It gives us the power to see through the illusions and addictions that once seemed as solid as reality itself. The result is simplicity and truth reflected in the supremely human gifts of forgiveness, love and the peace that passes understanding.

Dates and Schedule

7 p.m. Friday, Feb. 22, 2008 (gather at 6:30 p.m.)
9 a.m. - 4 p.m. Saturday, Feb. 23, 2008 (continental breakfast at 8:30 a.m.)
9 a.m. - noon Sunday, Feb. 24, 2008 (includes liturgy)

Location

Dominican Sisters Meeting Room
6501 Almeda (at Holcombe)
Houston, TX 77021

Cost

Suggested donation of \$95, includes Saturday lunch and continental breakfast

Lodging

20 private rooms with shared bath and continental breakfast are available at a rate of \$25 per person, per night on the premises.

Contact Claudia Morgan at 713-668-1209 or claudiamorgan@comcast.net or www.wcmtexas.org

The **World Community for Christian Meditation** is an international community dedicated to the practice and teaching of meditation in the Christian tradition as taught by John Main, OSB in the spirit of serving the unity of all. It is a network of meditators in over 100 countries sharing the vision of peace and unity arising from meditation. Over 1300 Groups meet in homes, parishes, offices, hospitals, prisons and colleges. A network of 30 Christian Meditation Centers helps to serve this community and its teaching work. Dialogue with other faiths has arisen from this deepening of Christian spirituality in the lives of men and women in all walks of life. The link with the Benedictine monastic family is especially valued.